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2017 SHEPHERD FOOTBALL TEAM CAMP

The Calvert football program is extremely excited as we gear up for the 2017 season. On Monday, the 24th of July, the Calvert High School Football team will travel to Shepherd University to participate in our 7th annual summer football camp. This will be the first step in what is guaranteed to be an exciting 2017 season. Our campers will gain great insight into our offensive system and the basic skills required to run a hard-nosed, physical defense. Furthermore, this camp experience will be enhanced with quality coaching from as many as 15 Calvert coaches, bringing our camper to coach ratio close to, 3 campers for every 1 coach.

Shepherd will supply an air-conditioned dorm and their dining facility will supply 7 high quality all you can eat meals. Also, our players will have the opportunity to work with many of the Shepherd football coaches in preparation for the upcoming season.

Cost: Only \$260.00 (Which covers chartered bus and camp expenses) Please pay online at www.excelcamps.org or send in a check made out to Excel Camps.

As the camper you will need to bring the following:

- T-shirts, Shorts and Socks for SIX practices (having enough gear to change out of wet cloths between practices promotes a healthier and more comfortable experience)
- Cleats
- Tennis Shoes
- Hygiene Kit which includes: 1) toothpaste, 2) tooth brush, 3) deodorant, 4) soap, 5) shampoo,6) gold bond, 7) sun screen, 8) eye care and anything else you may personally need to maintain a good order of health throughout the three day stay
- Sheets for a single bed and or sleeping bag
- Pillow
- Small amount of cash for evening Gatorade and pizza orders (\$30.00 \$40.00 should be enough)

As the camper these are the things you should not bring:

- No TVs
- No Video Games of any kind
- Do not bring any valuables that you can't afford to lose or break

Departure Time:

- We will leave from the Calvert High School parking lot at 8:30 am on Monday the 24th of July
- Be there at the school at 8:00 am

Arrival Time:

We will arrive back at Calvert High School at around 4:00 on Wednesday the 26th of July

PLAYER REGISTRATION INFORMATION

Name:			Phone:	_
Address:				
City:		State:	Zip:	
High School:			Grade in Fall of 2016: 9 10 11 12	
Offensive Position:			Defensive Position:	
Height:	Weight:		T-Shirt Size: S M L XL XXL XXXL	
Email:			Cell Phone:	

Also required with every registration is the Insurance Authorization & Parent Consent Form











