

# calvert cavaliers

## strength and performance records

### CURRENT RECORDS

BENCH	POWER CLEAN	SQUAT	LIFTING TOTAL	STRENGTH INDEX	STANDING LONG JUMP	FORTY	GPA
ANTHONY SELLERS SO - 255 lbs	RODNEY "RJ" SHORT SO - 225 lbs	ANTHONY SELLERS SO - 440 lbs	ANTHONY SELLERS SO - 900 lbs	ANTHONY SELLERS SO - 555 pts	TJ PRATHER JR - 112 ins		TYSON BLACKWELL FR - 3.84
DRE MACKALL JR - 240 lbs	TJ PRATHER JR - 220 lbs	LEON CAMPBELL JR - 430 lbs	LEON CAMPBELL JR - 845 lbs	LEON CAMPBELL JR - 529 pts	RODNEY "RJ" SHORT SO - 111 ins		GUS AUFDERHEIDE SO - 3.80
RODNEY "RJ" SHORT SO - 230 lbs	LEON CAMPBELL JR - 205 lbs	DRE MACKALL JR - 415 lbs	DRE MACKALL JR - 840 lbs	DRE MACKALL JR - 502 pts	JACOB BERNARD SO - 107 ins		LEON CAMPBELL JR - 3.63

### ALL - TIME RECORDS

BENCH	POWER CLEAN	SQUAT	LIFTING TOTAL	STRENGTH INDEX	STANDING LONG JUMP	FORTY	GPA
STEWART BROOKS 2012 - 315 lbs	JACK LANHAM 2017 - 275 lbs	AARON BYNUM 2012 - 455 lbs	AARON BYNUM 2012 - 975 lbs	AARON BYNUM 2012 - 634 pts	TJ PRATHER 2019 - 112 ins	RAMOND GRAY 2012 - 4.50 secs	JACKSON SHANNON 2013 - 4.09
JAMES MATHESIUS 2015 - 300 lbs	BRANDON BARKER 2018 - 255 lbs	ANTHONY SELLERS 2020 - 440 lbs	STEWART BROOKS 2012 - 940 lbs	STEWART BROOKS 2012 - 560 pts	RODNEY "RJ" SHORT 2020 - 111 ins	DYLAN BARBIERI 2020 - 4.69 secs	TYLER HONEYCUTT 2013 - 3.78
JACK LANHAM 2017 - 295 lbs	RAMOND GRAY 2012 - 245 lbs	ANDREW JONES 2018 - 435	BRANDON BARKER 2018 - 935	ANTHONY SELLERS 2020 - 555 pts	SHAMAR GRAY 2017 - 110 ins	TRENTON JONES 2014 - 4.75 secs	SEAN KINNEY 2013 - 3.64

### BOMBERS