

Excel Camps Presents the 2018

Calvert Football Team Contact Camp

Web: www.calvertfootball.com ■ Facebook: Calvert Football ■ Twitter: @Calvertfootball ■ Instagram: Calvert_Football

CFTC Camp Mission: The goal of our camp is to present a healthy and positive football experience that covers essential fundamentals for players, coaches and our community in a highly organized team format.

Camp Overview: The Calvert Football Team Contact Camp is designed to assist the area youth football programs in their preparation process leading into the upcoming football seasons. Camp instruction will be provided by the vastly experienced football coaches of Calvert High School; along with many current and prior college players. Many of Calvert's finest will accompany our coaches and will be used to serve in demonstrations and encouragement for our young campers. Camp protocol will follow closely to the needs and demands of the youth level athletes. Coaches and players from each age group will take advantage of a highly organized practice that covers the very basic but essential fundamentals of the game. The skills addressed will be directed from the thoughts and plans of many youth league coaches in the county but operated and structured through the organization of the Calvert football staff. The finishing touches of the camp will culminate with a camp picnic featuring competition and much more.

- **Camp 101, Traditional Fundamentals Camp:** This part of the camp covers age groups 6 through 10 and features an efficiently paced, fundamental skills oriented experience for each position. There are four stations for both offense and defense side of the ball and each player will experience each every day. Each day we build on tackling fundamentals and offensive play structuring.
- **Camp 102, Advanced Camp:** This part of the camp is for the highly experienced and very motivated player. The athlete will participate in a position specific practice model for both sides of the ball. Practice will be modeled to Calvert's very own high-school, practice format and will feature in-depth position work, group, and team periods. Each player choosing to be a part of this camp should be 9 years or older and/or have at least 3 years tackle experience.
- **Camp 103, Freshmen Camp:** This portion of the camp is exclusively set up for Calvert's incoming freshmen. During this time our freshmen will finally come together to be indoctrinated into their first true Calvert football experience. They will only wear shorts, t-shirts and cleats and will run through a highly organized practice that covers the basics for both sides of the ball. This is a perfect introduction for the upcoming season.

Farming 4 Hunger: A couple of years ago, Calvert Football collaborated with Farming 4 Hunger for service learning opportunities. It provided an awesome experience the kids in our program, in which they were able to hand pick food for local food drops to feed area hungry. In Farming 4 Hungers generosity they extended an opportunity for our community to experience a true one of a kind camp at Serenity Farms in Benedict Md. After last years' awesome experience the founder of Farming 4 Hunger, Bernie Fowler, is excited to welcome the communities back to enjoy the spirit of faith, hope, love, and farming through this unique football camp experience. Farming 4 Hunger plans on hosting activities for the parents and families of our campers down in the green houses, making this a year not to miss.

Important General Instructions for Campers:

- Each camper should be on time and come in full uniform, including cleats and mouth pieces. This includes all age groups (6 – 13) who are playing youth football.
- The incoming freshmen group will participate in a similar camp experience but without equipment, and should come in shorts, t-shirts and cleats.
- All campers should bring running shoes in the case of inclement weather. Due to the summer time heat all campers should come properly hydrated and nourished. Water breaks will be provided.

Camp Director

Rick Sneade
Calvert High School Head Football Coach

Office: 410-474-6282
sneader@calvertfootball.com

Ages:

- 6 through incoming HS Freshmen

Place:

- **GREAT LOCATION for a truly unique camp experience!!!**

Serenity Farms
6932 Serenity Farm Road
Benedict, MD 20612

Sessions:

- Wednesday, July 18th
 - 5:15 pm – Walk up Registration / Check in
 - Camp: 6:00 pm – 8:30 pm
- Thursday, July 19th
 - Camp: 6:00 pm – 8:30 pm
- Friday, July 20th
 - Camp: 6:00 pm – 8:30 pm
- Saturday, July 21st
 - Cook Out / Competitions / Fan Fest and More: 9:30 am to Noon

Fee:

- \$75.00

Activity Number:

- 101 Traditional Camp: ages 6 – 10
- 102 Advanced Camp: ages 9 – 13
- 103 Freshmen Camp: Incoming CHS 9th graders

Camp T – Shirts will be issued on Friday and worn the last day of Camp



How to Register:

Registration for this camp will be limited. Please register early. For additional information on registration, call the office of Excel Camps at 301-751-0768 to speak to Excel Camps President and Founder, Dominic Zaccarelli. Or email at excelcamps@gmail.com. You can also reach the Head Coach of Calvert High and the Director of the CFTC Camp, Rick Sneade at 410-474-6282. Or email at sneader@calvertfootball.com.

You may also visit the website for online registration at www.excelcamps.org.

Payment will be made to DKZACC Enterprises, LLC.

During registration please remember to indicate the following key pieces of information:

- Choose which the 101 Traditional Camp, 102 Advanced Camp or 103 Freshmen Camp.
- If registering for the Advanced Camp be sure to indicate the offensive and defensive position of your player.
- Please include your email and follow Calvert Football to get regular updates and activities for the camp.
- Lastly do not forget to indicate the T-Shirt size for your player.

Calvert Football



www.calvertfootball.com

#1Heart1Beat1Soul

Excel Camps

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