

calvert cavaliers

strength and performance records

CURRENT RECORDS

BENCH	POWER CLEAN	SQUAT	LIFTING TOTAL	STRENGTH INDEX	STANDING LONG JUMP	FORTY	GPA
DRE MACKALL JR - 285 lbs	TJ PRATHER JR - 240 lbs	DRE MACKALL JR - 460 lbs	DRE MACKALL JR - 965 lbs	DRE MACKALL JR - 562 pts	JACOB BERNARD SO - 111 ins	DRE MACKALL JR - 4.93 secs	GUS AUFDERHEIDE SO - 3.66
CADE MEREDITH SO - 260 lbs	DRE MACKALL JR - 220 lbs	TJ PRATHER JR - 405 lbs	TJ PRATHER JR - 855 lbs	JACOB BERNARD SO - 550 pts	TJ PRATHER JR - 106 ins	TJ PRATHER JR - 4.94 secs	TJ PRATHER JR - 3.54
MARK MALDONADO SO - 240 lbs	CADE MEREDITH JR - 215 lbs	GUS AUFDERHEIDE SO - 380 lbs	GUS AUFDERHEIDE SO - 795 lbs	TJ PRATHER JR - 501 pts	MARK MALDONADO SO - 103 ins	JUSTIN MORSELL JR - 4.94 secs	

ALL - TIME RECORDS

BENCH	POWER CLEAN	SQUAT	LIFTING TOTAL	STRENGTH INDEX	STANDING LONG JUMP	FORTY	GPA
STEWART BROOKS 2012 - 315 lbs	JACK LANHAM 2017 - 275 lbs	DRE MACKALL 2019 - 460 lbs	AARON BYNUM 2012 - 975 lbs	AARON BYNUM 2012 - 634 pts	TJ PRATHER 2019 - 112 ins	RAMOND GRAY 2012 - 4.50 secs	JACKSON SHANNON 2013 - 4.09
JAMES MATHESIUS 2015 - 300 lbs	BRANDON BARKER 2018 - 255 lbs	AARON BYNUM 2012 - 455 lbs	DRE MACKALL 2019 - 965 lbs	DRE MACKALL 2019 - 562 pts	JACOB BERNARD 2019 - 111 ins	DYLAN BARBIERI 2020 - 4.69 secs	TYLER HONEYCUTT 2013 - 3.78
JACK LANHAM 2017 - 295 lbs	RAMOND GRAY 2012 - 245 lbs	ANTHONY SELLERS 2020 - 440 lbs	STEWART BROOKS 2013 - 940 lbs	STEWART BROOKS 2012 - 560 pts	RODNEY "RJ" SHORT 2020 - 111 ins	TRENTON JONES 2014 - 4.75 secs	SEAN KINNEY 2013 - 3.64

BOMBERS