

# calvert cavaliers

## strength and performance records

### CURRENT RECORDS

BENCH	POWER CLEAN	SQUAT	LIFTING TOTAL	STRENGTH INDEX	STANDING LONG JUMP	FORTY	GPA
ANTHONY SELLERS JR - 310 lbs	MICHAEL FLORIA JR - 250 lbs	ANTHONY SELLERS JR - 550 lbs	ANTHONY SELLERS JR - 1095 lbs	ANTHONY SELLERS JR - 650 pts	JACOB BERNARD JR - 117 ins		GUS AUFDERHEIDE JR - 4.05
MICHAEL FLORIA JR - 255 lbs	ANTHONY SELLERS JR - 235 lbs	GUS AUFDERHEIDE JR - 440 lbs	MICHAEL FLORIA JR - 890 lbs	JANI ALANSARY SO - 610 pts	JANI ALANSARY SO - 112 ins		LANDON HOOD FR - 3.81
ADAM COMMADOR SO - 245 lbs	GUS AUFDERHEIDE JR - 225 lbs	ADAM COMMADOR SO - 415 lbs	GUS AUFDERHEIDE JR - 885 lbs	JACOB BERNARD JR - 595 pts	KAMERON HAWKINS SO - 107 ins		MICHAEL FLORIA JR - 3.73

### ALL - TIME RECORDS

BENCH	POWER CLEAN	SQUAT	LIFTING TOTAL	STRENGTH INDEX	STANDING LONG JUMP	FORTY	GPA
STEWART BROOKS 2012 - 315 lbs	JACK LANHAM 2017 - 275 lbs	ANTHONY SELLERS 2020 - 550 lbs	ANTHONY SELLERS 2020 - 1095 lbs	ANTHONY SELLERS 2020 - 650 pts	JACOB BERNARD 2020 - 117 ins	RAMOND GRAY 2012 - 4.50 secs	JACKSON SHANNON 2013 - 4.09
ANTHONY SELLERS 2020 - 310 lbs	BRANDON BARKER 2018 - 255 lbs	DRE MACKALL 2019 - 540 lbs	DRE MACKALL 2019 - 1050 lbs	AARON BYNUM 2012 - 634 pts	JANI ALANSARY 2021 - 112 ins	DYLAN BARBIERI 2020 - 4.69 secs	TYLER HONEYCUTT 2013 - 3.78
JAMES MATHESIUS 2015 - 300 lbs	MICHAEL FLORIA 2020 - 250 lbs	AARON BYNUM 2012 - 455 lbs	AARON BYNUM 2012 - 975 lbs	DRE MACKALL 2019 - 615 pts	TJ PRATHER 2019 - 112 ins	TRENTON JONES 2014 - 4.75 secs	SEAN KINNEY 2013 - 3.64

### BOMBERS